



# THE MANOR

*A Senior Living Community*



# Independent Living

## JANUARY 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	AR - Art Room    AT - Admin Training D - Dining Room    ER - Exercise Room G - Game Room    GC - Gallery Conservatory LC - Lifestyle Center    MP - Multipurpose Room PT - Purchase Ticket    SU - Sign Up	AC - Admin Conference    B - Bistro F - Front Desk    FC - Front Conference Room H - Hospitality Room    L - Library MIC - Ingram Chapel    MR - Movement Room TV - 2nd Floor TV Room    T - Theater	<b>1</b>  9:30 am Exercise - MR	<b>2</b> 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	<b>3</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Movie - <i>The Six Triple Eight</i> - T - SU	<b>4</b>  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
<b>5</b>  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	<b>6</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 10:15 am Bible Study - G 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Movie - <i>Queen Bees</i> - T - SU	<b>7</b> 8:30 am Dry Cleaning Pick Up - G 1:45 pm Shopping @ Dollar General - SU 3:00 pm Bingo - D	<b>8</b> 9:30 am Exercise - MR 3:00 pm Resident Council Meeting - AT	<b>9</b> 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	<b>10</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Movie - <i>Amazing Adventure</i> - T - SU	<b>11</b>  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
<b>12</b>  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	<b>13</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Movie - <i>Poms</i> - T - SU	<b>14</b> 8:30 am Dry Cleaning Pick Up - G 10:00 am Super Walmart - SU 3:00 pm Bingo - D 4:00 pm Hearing Life Rep - GC - SU	<b>15</b> 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 11:00 am JULIETS Lunch @ Stefano's - SU 3:00 pm Trivial Pursuit - D	<b>16</b> 7:30 am Men's Breakfast - D - SU 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	<b>17</b>  9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 12:00 pm Red Cross Blood Drive - MP 3:00 pm Movie - <i>The Thomas Crown Affair</i> - T - SU	<b>18</b>  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
<b>19</b>  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	<b>20</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 10:15 am Bible Study - G 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Movie - <i>The Cat That Came Back</i> - T - SU	<b>21</b> 8:30 am Dry Cleaning Pick Up - G 3:00 pm Bingo - D 4:00 pm Lifetime Hearing Rep - GC - SU	<b>22</b> 9:30 am Exercise - MR 3:00 pm January Birthday Party & Newcomers Welcome - D 6:30 pm Depart for FLT - SU <i>The Last 5 Years</i>	<b>23</b> 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	<b>24</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Movie - <i>An Unfinished Life</i> - T - SU	<b>25</b>  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
<b>26</b>  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	<b>27</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 10:15 am Bible Study - G 2:30 pm Fitness & Fun w/Lynn - MR 5:00 pm Monthly Wine & Cheese - D	<b>28</b> 8:30 am Dry Cleaning Pick Up - G 3:00 pm Bingo - D	<b>29</b> 9:30 am Exercise - MR 3:00 pm All About Chinese New Year - D 	<b>30</b> 1:45 pm Shopping @ Food Lion - SU Shopping @ CVS - SU 2:30 pm Fitness & Fun w/Lynn - MR	<b>31</b> 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 3:00 pm Movie - <i>The Trouble with Marnie</i> - T - SU	<b>Happy January Birthday!</b> Lona Hoover 1/04 Ina Garrison 1/08 Joe Kinsey 1/10 Bill Odom 1/13 Harry Patterson 1/18 Carolyn Warner 1/31