



THE MANOR












A Senior Living Community



Independent Living

JULY 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm <i>Movie - Rebel without a Cause</i> - T - SU	2 8:30 am Dry Cleaning Pick Up - G 1:45 pm Shopping @ Dollar General - SU 3:00 pm Bingo - D 4:00 pm Gallery Reception for Robert Garey - Art Gallery/Cantina	3 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 10:15 am Bible Study - G 1:45 pm Shopping @ Food Lion - SU	4  2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Boiled Peanuts & Watermelon - D	5 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 10:30 am Hearing Life - GC - SU (?) 3:00 pm <i>Movie - An American in Paris</i> - T - SU	6  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
7  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	8 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm <i>Movie - A Place in the Sun</i> - T - SU	9 8:30 am Dry Cleaning Pick Up - G 10:00 am Super Walmart - SU 3:00 pm Bingo - D	10 9:30 am Exercise - MR 10:15 am Bible Study - G 3:00 pm Resident Council Meeting - AT	11 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MR	12 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 1:45 pm Farmers Market - SU 3:00 pm <i>Movie - West Side Story</i> - T - SU	13  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
14  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	15 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm <i>Movie - Three Coins in The Fountain</i> - T - SU	16 8:30 am Dry Cleaning Pick Up - G 1:45 pm Harris Teeter - SU 3:00 pm Bingo - D 4:00 pm Lifetime Hearing - GC - SU	17 9:30 am Exercise - MR 10:00 am Seamstress Doris Pee - FC 10:15 am Bible Study - G 3:00 pm Trivial Pursuit - D	18 7:30 am Men's Breakfast - D - SU 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MR	19 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 3:00 pm <i>Movie - Suddenly Last Summer</i> - T - SU	20  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
21  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	22 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm <i>Movie - Guys & Dolls</i> - T - SU	23 8:30 am Dry Cleaning Pick Up - G 1:45 pm Shopping @ Aldi/Walmart - SU 3:00 pm Bingo - D	24 9:30 am Exercise - MR 10:15 am Bible Study - G 3:00 pm July Birthday Party - D	25 1:45 pm Shopping @ Food Lion - SU 2:30 pm Fitness & Fun w/Lynn - MR 3:30 pm Travelogue with Lorre MP - TBA	26 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Shopping @ CVS - SU 3:00 pm <i>Movie - Anna Karenina</i> - T - SU	27  8 - 10:00 am Continental Breakfast - B 12:00 pm Lunch Buffet - D
28  12:00 pm Lunch Buffet - D 3:00 pm Vespers Service - MIC	29 9-10 am Coffee & Breakfast Sweets - B 9:30 am Exercise - MR 10:00 am Art Class - AR 2:30 pm Fitness & Fun w/Lynn - MR 5:00 pm Wine & Cheese Social - D	30 8:30 am Dry Cleaning Pick Up - G 2:30 pm Depart for Carolina Opry Show MB - Details to follow (7 pm show - Light Supper On the way) 3:00 pm Bingo - D (If caller available)	31 9:30 am Exercise - MR 10:15 am Bible Study - G 3:00 pm Newcomers Welcome - D	AR - Art Room AT - Admin Training AC - Admin Conference B - Bistro D - Dining Room ER - Exercise Room F - Front Desk FC - Front Conference Room G - Game Room GC - Gallery Conservatory H - Hospitality Room L - Library LC - Lifestyle Center MP - Multipurpose Room MIC - Ingram Chapel MR - Movement Room PT - Purchase Ticket SU - Sign Up TV - 2nd Floor TV Room T - Theater		 Jane McCoy 7/03 Idette Tucker 7/04 Merrie Hyman 7/07 Betty Anne Smith 7/10 Suzi Jones 7/13 Mary Corbin 7/19 Phyllis Wiechmann 7/20 Chappy Jones 7/26 Jane Carey 7/29 Gladys Hayes 7/31